



A30 junction to Grampound Road.

Straight across cross-roads.

Through Grampound Road.

Across dual carriageway.

Turn left, signpost Tregony.

Turn left at the bottom of the hill and go over river.

Turn right signpost Ruan Lanihorne (Route 1)

Route 2, stay on A3078 and turn right after nursery (by eggs)